



Train2Sustain – developing capacity to teach sustainability in VET

Learning Activity nr. 03

My way to a more sustainable future

Projektnummer: 2020-1-FI01-KA202-066632

ACTIVITY NAME	A03 My way to a more sustainable future
OBJECTIVES	<ul style="list-style-type: none"> ▪ Get to know the different SDG ▪ Understand how an individual (consumer) can affect sustainability ▪ Understand how sustainability can be affected by companies and by a sector ▪ Understand how sustainability can be affected at local, national, European and global levels
DESCRIPTION	<p>1. Explain the activity to the students (briefing) (1-2 hours) Show some inspiring message (videos (https://www.un.org/en/our-work/support-sustainable-development-and-climate-action), newspaper article, statistics (https://www.statista.com/), etc).</p> <p>2. Run the activity</p> <p><u>Step 1 (2-4 hours)</u></p> <ul style="list-style-type: none"> • Students have an idea for a more sustainable future • Students brainstorm ideas (individual or group) and select 1 to 3 ideas • Students connect the idea(s) with the SDG • Discussion about which SDG applies to each idea <p><u>Step 2 (6-8 hours)</u></p> <ul style="list-style-type: none"> • Teacher and students define the framework and focus for the research eg. interviews with experts, articles, statistics, videos, companies webpages, etc) (in class) • Make the research on the idea(s) and applicable SDG (in class or at home) <p><u>Step 3 (6-12 hours)</u></p> <ul style="list-style-type: none"> • Develop a plan/recommendations/actions with what they can do as citizens (consumers) • Students present the idea(s) and plans in videos, PowerPoint, role play, etc <p>Further developments:</p> <ul style="list-style-type: none"> • Practice as you preach: try out their ideas for 2 weeks – 1 month • Write a blog, a diary or an article to a local newspaper about the experience and present to the group <p>3. Evaluation (debriefing) (1-2 hours) Depending on the area of the teacher/students, different approaches can be done:</p>

	<ul style="list-style-type: none"> ▪ What can be done individually, as a community by the government, or by the European level, or worldwide? ▪ What was easy or difficult to do/implement? ▪ What you can affect or can not affect? ▪ What will you do differently from now on to contribute to a more sustainable world/life? ▪ What can you do as a consumer or as an employee? ▪ Who have you been able to impact by your actions? ▪ How will you in the future use what you have learned in this project to make an impact on the environment or on others?
TIME TO PLAY	<p>Total time: 23-36 hours</p> <p>-----</p> <p>Preparation time: 8 hours</p> <p>Briefing time: 1-2 hours</p> <p>Activity time: 14-24 hours</p> <p>Evaluation time: 1-2 hours</p>
INDIVIDUAL or GROUP	<p>Group/Individual</p> <p>This activity can be implemented either individually or in groups. It is also possible to have some parts of the activity run individually (Step 1) and some in groups (Steps 2 and 3).</p> <p>Number of groups: not limited Number of students per group: not limited (recommendation: less than 5)</p>
MATERIAL FOR TEACHER	<ul style="list-style-type: none"> ▪ Activity explanation ▪ Inspirational material (e.g. videos (https://www.un.org/en/our-work/support-sustainable-development-and-climate-action), newspaper article, statistics (https://www.statista.com/), etc). ▪ List of statistics, newspaper articles, companies from local and national perspectives (previously prepared)
MATERIAL FOR STUDENT	<ul style="list-style-type: none"> ▪ Computer ▪ Access to the internet ▪ Telephone (with recording for interviews, if necessary)
LAY OUT	<ul style="list-style-type: none"> ▪ Group formation